

FOOD BANK CANTERBURY



SHOPPING LIST

Please choose one or more items from this list to buy:

- Breakfast Cereal
- Sugar (500g)
- Milk (Long Life)
- Spaghetti (Tinned)
- Meat (Tinned)
- Vegetables (Tinned)
- Tuna / Fish (Tinned)
- Fruit (Tinned)
- Rice Pudding (Tinned)
- Sponge Pudding (Tinned)
- Custard (Tinned or Carton)
- Tea Bags / Coffee (small jar)
- Fruit Juice (Long life)
- Soup (Tinned)
- Cup-A-Soups
- Dried Rice (500g)
- Dried Pasta (500g)
- Pasta Sauce
- Baked Beans (Tinned)
- Jam
- Biscuits
- Tomatoes (Tinned)
- Disposable nappies/wipes
- Baby food

Thank you for your support!

Please ensure that all items have a sell by date at least three months ahead.

For further information:

www.canterburyfoodbank.org

Canterbury

Call: 07718 108875

Email: info@canterburyfoodbank.org

Whitstable

Call: 07928 889037

Email: whitstable@canterburyfoodbank.org